



Hamilton Social Services Directory

Adult Mental Health & Addiction services	07 834 6902
Alcohol & Drug Helpline	0800 787 797
Alcoholics Anonymous	0800 229 6757
Anglican Action	07 856 5820
Aspire	07 839 0183
Catholic Family Support Service	07 856 3760
Community Living Trust	07 834 3700
Community Waikato	07 838 1583
Covid-19 info	0800 779 997
Depression Helpline	0800 111 757
Diversity Counselling	021 068 7816
Family Works	07 858 4413
Gambling Helpline	0800 654 655
Hamilton Abuse Intervention Project	07 834 3148
Hamilton Christian Nightshelter (mens)	07 839 7480
Healthline	0800 358 5453
Housing NZ/Kainga Ora	0800 801 601
Kaivolution	07 839 4452
Kaute Pasifika (Pacific communities)	07 834 1482
Life Line	0800 543 354 or free text 4357
Life Unlimited	07 839 5506
Literacy Waikato	07 974 9499
Male Support Services Waikato	0800 677 289
Mental Health Solutions	07 857 1200
Midlands Sexual Assault Support	07 839 4433
Narcotics Anonymous	0800 628 632
Oranga Tamariki	0508 FAMILY or 0508 326 459
Outline (LGBT)	0800 488 5463
Police (non-emergency)	105
Rape & Sexual Abuse Healing Centre	07 839 4433
Rural Support Trust	0800 RURAL HELP 0800 787 254
Salvation Army (Midlands)	07 839 2242
Samaritans	0800 726 666
Sharma (Ethic Womens Centre)	07 843 3810
Shine (making homes violence free)	0508 744 633
Skylight Trust	0800 299 100
Suicide Prevention	0508 828 865
Te Awhi Whanau Charitable Trust	07 852 5413
Vinnies Hamilton	07 847 4044
Volunteering Waikato	07 839 3191
Waikato Women's Refuge	0800 REFUGE or 07 855 1569
Youthline	0800 376 633